



HOT BUFFET AND LUNCH BOXES

Buffet: minimum **10 identical meals/15 for lasagna**

Lunch box: minimum **5 identical meals**

Order 48h prior (Deliveries start at 10am)

Buffet / Lunch box

La Trattoria.....\$27.95 / \$28.95

2 choices of salad

Choice of pasta:

- Spinach and cheese cannelloni **or** meat cannelloni with vegetable marinara sauce **or** rosée sauce

- Meat lasagna

Fresh bread and butter

Pastry of the moment

Le Confort..... \$32.95\$ / \$33.95

2 choices of salad

1 choice of carbs

1 choice of hot meal

Fresh bread and butter

Pastry of the moment

Le Copieux..... \$34.95 / \$35.95

1 choice of salad

1 choice of carbs

1 choice of veggies

1 choice of hot meal

Fresh bread and butter

Pastry of the moment

Salad: selection page 6

Carbs and veggies: selection page 12

Hot meal: selection page 12

À la carte

10 portions minimum

Carbs or veggies: \$5.95 p.p.

Cannellonis: \$10.95 p.p.

Hot meal: \$11.95 p.p.

Hot meals typically require the rental of chafing dishes at \$20.00 each as well as a \$20.00 installation fee. Ask you representative for more information.



VEGETABLES

- Braised cauliflower with bechamel sauce
- Vichy carrot
Caramelized carrot with parsley butter
- Braised red cabbage and apple
- Fine herbs vegetables
Carrot, parsnip, turnip, red onion, zucchini and fine herbs

CARBS

- Grilled vegetables couscous
- Lyonnaise potatoes
Butter roasted potatoes with onion
- Balti potatoes
Potato, bell pepper, onion with cumin, ginger and coriander
- Stir fried rice and vegetables
Rice, celery, pea and egg
- Spanish-style rice
Rice with tomato, oregano, chili and shallot
- Jasmin rice with butter and green onion

HOT MEAL

- Chicken with cream and mustard sauce
Chicken breast, cream and mustard sauce with sautéed mushrooms and fresh thyme
- Cochinita-style chicken with tomato sauce
Chicken breast with cochinita spices and crushed tomato and chicken stock sauce
- Orange chicken
Chicken breast with classic orange sauce
- Beef bourguignon
Beef stew, red wine bourguignon sauce, carrot, mushrooms and onion
- Cajun-style beef
Braised beef with Cajun sauce and bell pepper
- Beef with leek and beer sauce
Beef with leek and lager beer sauce, veal stock and a hint of cream
- Greek-style grilled salmon
Grilled salmon steak with a lemon broth with Greek flavors
- Salmon with curry sauce
Salmon with ginger and coconut milk flavored curry sauce
- Salmon with capers and lemon sauce
Salmon steak with cream and white wine sauce, capers, lemon and shive
- Lime teriyaki tofu
Grilled tofu with lime and soy sauce
- Plant-based protein and lentils
Plant-based protein stew and lentils with Mediterranean flavors vegetable broth