

BISTRONOMIE BOXES AND BOWLS

No minimum required

Order the day prior before 12pm

Bistronomie boxes and bowls can be personalized to the taste of each guest

Bistronomie box: marinated protein served on a bed of greens **or** roasted vegetables couscous accompanied of a salad and a deluxe pastry

\$30.95

1 choice of protein and marinade:

- Beef tournedos
 - Greek marinade
Greek seasoning, garlic and lemon juice
- Chicken breast
 - Fine herbs marinade
Parsley, thyme, rosemary, Provence herbs and oregano
- Pork tenderloin
 - Asian-style marinade
Marinade with lime, soy sauce, coriander, mint and slightly spicy
- Salmon steak
 - Arugula pesto marinade
Marinade of arugula and basil pesto
- Sautéed tofu
 - BBQ marinade
Marinade with smoky bbq spices
 - Mexican marinade
Marinade with Mexican spices, orange, brown sugar and lime
 - French-style marinade
Marinade with tarragon, old-fashioned mustard and horseradish

1 choice of dressing:

- The Yellow: mandarin infused dressing
- The Blue: balsamic dressing with caramelized onions
- The White: creamy garlic dressing
- The Red: sundried tomatoes and red wine dressing

1 choice of deluxe pastry:

- Choco-caramel tart
- Lemon basil tart
- Raspberry sesame tart



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Bistromie bowl: meal salad with protein \$25.95

1 choice of meal salad:

- Lyon with shell pasta, cauliflower, pea, cucumber, bell pepper and Dijon dressing
- Edo with rice noodles, carrot, broccoli, daikon, bell pepper and Asian dressing
- Maya with Mexican-style rice, red cabbage, apple, grilled corn et lime dressing
- Lafayette with shredded broccoli and cauliflower, potato, yellow bean and Cajun dressing
- Chypre with couscous, beetroot, zucchini, tomato, feta cheese and pesto dressing

1 choice of protein:

- Beef tournedos
- Pork tenderloin
- Sautéed tofu
- Chicken breast
- Salmon steak

End the meal with a sweet treat, our deluxe pastry at
\$6.95 / each*

- Choco-caramel tart
- Lemon basil tart
- Raspberry sesame tart

*Price valid with purchase of a Bistronomie salad only